High Performance Centre

Mission Statement



Our Mission Statement

At the Doncaster University campus High Performance Centre, our mission is to empower athletes of all levels with accessible, elite-level sports therapy and sport science support.

We are dedicated to enhancing the performance, well-being, and success of athletes in the City of Doncaster and beyond, fostering a culture of excellence in sports.



Services we offer

Our Elite Teams

- Sports therapy & rehabilitation
- Sport science support
- Ultrasound
- Cryotherapy
- Elite Level services...accessible



Doncaster Athletes

We believe that every athlete, regardless of their level, deserves the opportunity to access top-tier support.

Sports massage

Fitness assessment



Our Commitment

- Accessible Excellence
- Real-world Experience



Accessible Excellence

We are committed to breaking down barriers and making elite-level sports therapy and sport science accessible to athletes of all levels.

Whether you're an aspiring Olympian, a weekend warrior, or a dedicated athlete, we are here to support your journey towards peak performance.



Real-World Experience

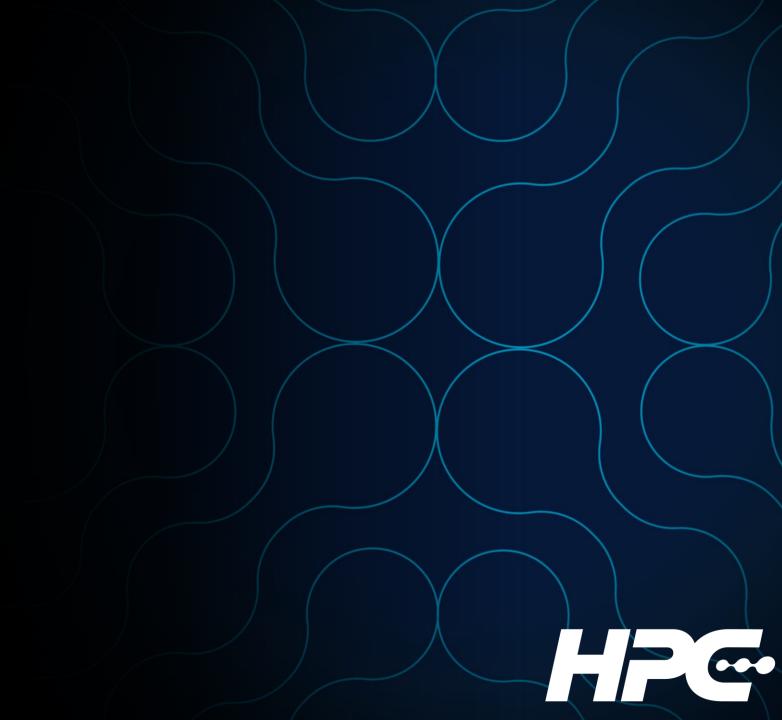
We aim to provide our graduates with invaluable real-world experience in clinical environments.

By offering hands-on opportunities, we cultivate a highly skilled and highly employable student body, equipping them with the knowledge and practical skills to excel in the sports therapy and sport science field.



Our Values

- Inclusivity
- Excellence
- Education
- Collaboration



Inclusivity

We believe that every athlete, regardless of their level, deserves the opportunity to access top-tier support.

We promote inclusivity and diversity within our athlete community, ensuring that everyone can thrive.



Excellence

We strive for excellence in everything we do.

Our dedicated team of experts is driven to provide the highest quality services, continually pushing the boundaries of sports therapy and sport science.



Education

We are committed to not only providing services but also educating athletes about their bodies and performance.

We empower athletes with knowledge that empowers them to make informed decisions about their training and well-being.



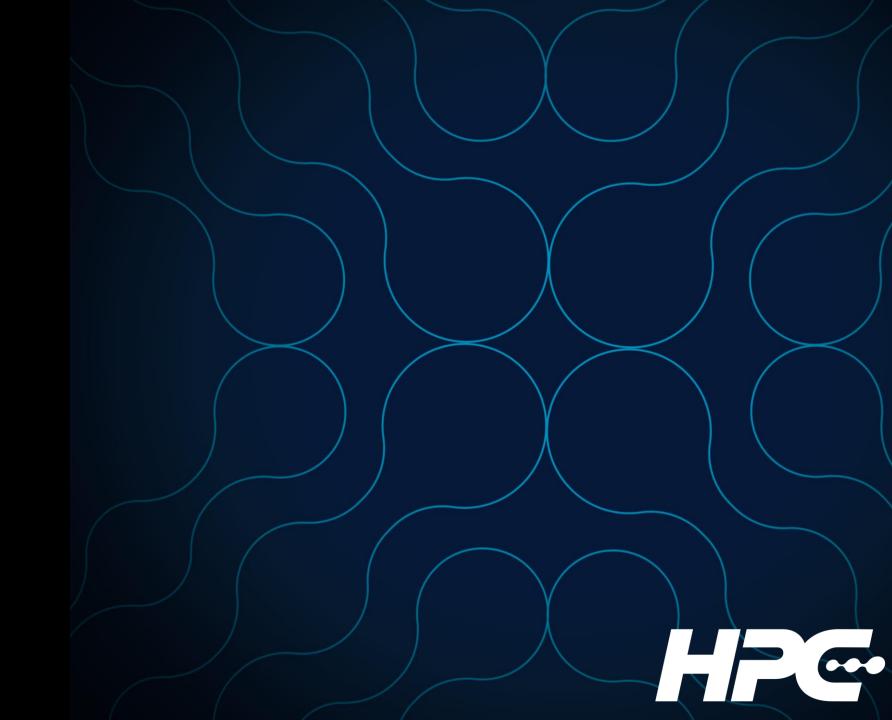
Collaboration

We recognise the power of collaboration in achieving greatness.

We work closely with athletes, coaches, our elite sports teams, and our students to create a supportive and dynamic community focused on continuous improvement.



Our Equipment



State-of-the-art facilitates

- VALD forcedeck
- VALD speed gate pro
- VALD dynamo
- Chattanooga ultrasound
- Chattanooga tens therapy
- Game ready cryotherapy
- Fire cupping
- Soft tissue massage
- Blood lactate
- Cosmed gas analysis (VO2 max)



Our Equipment